

Important Numbers to Help Stay Warm & Healthy this Season...



Delaware Helpline

(Confidential and free resource to connect you to the services you need)
Delaware211.org or 211

DHSS, Adams State Service Center / Pyle State Service Center

(Assistance with Medicaid, prescription, food benefit, childcare / POC, utility, rent, lead testing, dental, family planning, WIC, STDs, long-term care, substance use, foster, disability)
302-856-5340 / 302-732-1700

DART Paratransit

(Transportation for persons with disabilities or older Delawareans)
800-652-DART (3278)

Medical Transportation / Modivcare

(Non-emergency medical transportation for Medicaid & Delaware Healthy Children Prog. clients)
866-412-3778

Catholic Charities

(Financial coaching, mobile food truck, counseling, rent, *energy assistance)
302-856-9578, *302-856-6310

First State Community Action Agency

(Food pantry, rental, utility, medical/prescription, emergency shelter)
302-856-7761

La Red Health Center

(Behavioral health, medical, dental, medication, transportation, case management)
855-1233

Clothing our Kids

(Clothing, shoes, and coats)
302-864-KIDS (5437)

Christian Storehouse

(Food pantry, rent, utility serving 19966 area, and thrift shop)
302-934-8151

Epworth United Methodist Church

(Food distribution Sun. 1-3, Tues. 10-12, Thurs. 2-4, includes fresh produce, meats, can goods)
Lunch Sunday served 1-3 p.m.
302-227-7743

Helping Hands Food Bank

(Food pantry serving Frankford / Dagsboro area call for appointment)
302-539-6768

Joseph's Storehouse / Dagsboro Church of God

(Food pantry)
302-732-6550

Rehoboth Community Resource Center

(Emergency mortgage, utility, small car repair/insurance serving 19971-19958, food pantry, baby pantry, clothing vouchers for local thrift shops, homeless day program 7:30-11:30 am & 1-5:30 pm)
302-227-1340