

## Healthy Choices Group

The Boys & Girls Clubs of Delaware has received a grant from The Delaware Department of Services for Children, Youth and their Families' (DSCYF) Division of Prevention and Behavioral Health Services (DPBHS) to offer free mental health prevention and treatment services to support your child's healthy choices and natural development.

At the Clubs in Sussex County, members will learn skills to express and manage their emotions, choose positive behavior, form safe and rewarding relationships, prevent substance use, and improve overall wellbeing.

Group therapy sessions and additional educational programming, as well as parent seminars will be led by therapists and staff from Lewes Counseling LLC. Individual sessions will be accommodated as available time allows. Referrals will be provided as needed.

For more information about the program or for any questions, please contact the coordinator Jeanne Dukes, LCSW at 302-430-2127.

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I have read and agree with the Lewes Counseling LLC Policies & Procedures available at [lewescounseling.com](http://lewescounseling.com). I consent that the member below may be treated as a client by Lewes Counseling LLC.

MEMBER NAME (PLEASE PRINT) \_\_\_\_\_

AGE \_\_\_\_\_ GRADE \_\_\_\_\_ GENDER \_\_\_\_\_ RACE \_\_\_\_\_

ZIP CODE \_\_\_\_\_

CLUB \_\_\_\_\_

PARENT OR GUARDIAN NAME \_\_\_\_\_

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

TELEPHONE \_\_\_\_\_