

Frequently Utilized Senior Resources

Cheer

(caregivers, transportation, senior housing, mobile mini mart, and senior centers)
Georgetown, Greenwood, Lewes, Long Neck, Milton, Ocean View, Roxana
856-5187

DART Paratransit

(transportation for older Delawareans or persons with disabilities)
800-652-DART (3278)

Delaware Helpline

(information, referral services)
211

Division of Services for Aging and Adults with Physical Disabilities

(adult protective services, resource center, caregiver services, nursing home
transitions, ERS)
800-223-9074 or 424-7310

La Red Health Center

(healthcare for all including seniors, women's, oral, and behavioral health)
855-1233

Meals on Wheels

(serving ready-to-eat meals Monday-Friday for 60+)
Lewes/Rehoboth 645-7449

Nemours Senior Care

(hearing, eye, and dental care assistance for 65+, income eligible)
800-763-9326

Rent, Utility, Pharmacy, Emergency Assistance

Thurman Adams State Service Center	856-5574
Catholic Charities	856-6310
First State Community Action Agency	856-7761
Rehoboth Community Resource Center	227-1340



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