

## Support Resources

**Positive Parenting Practices** Youth need adults who are there for them—people who connect with them, communicate with them, spend time with them, and show a genuine interest in them.

Resource: <http://www.cdc.gov/healthyyouth/protective/positiveparenting/>

**Raising Ryland** CNN Films presents "Raising Ryland," an intimate look at parenting with no strings attached. This short film focuses on the transgender experience as lived by a 6-year-old and his two loving parents. This first-hand account showcases the power of love amid unexpected change. Directed by Sarah Feeley.

<http://www.raisingryland.com/#short>

**Schools in Transition: A Guide for Supporting Transgender Students in k-12 Schools** Rather than a static set of recommendations and formulas, this guide responds to the dynamics that affect a transgender student's experiences in school. The guide is geared toward the needs of all students, kindergarten through twelfth grade, and incorporates distinctions and recommendations based on the specific ages and stages of students' development.

<http://www.nclrights.org/wp-content/uploads/2015/08/Schools-in-Transition-2015.pdf>

**Parent Engagement in Schools** Parent engagement *in schools* is defined as parents and school staff working together to support and improve the learning, development, and health of children and adolescents. Promoting, strategy guide, fact sheets, and staff development.

Resource: [http://www.cdc.gov/healthyyouth/protective/parent\\_engagement.htm](http://www.cdc.gov/healthyyouth/protective/parent_engagement.htm)

**School Connectedness** Strategies for Increasing Protective Factors Among Youth (PDF)

Resource: <http://www.cdc.gov/healthyyouth/protective/connectedness.htm>

**Transkids Purple Rainbow Foundation** is committed to supporting TransKids in their school systems so they may receive equal rights in order to ensure a safe and bully free education.

Resource: <http://www.transkidspurplerainbow.org/>

**The Trevor Project** offers the largest safe social networking community for LGBTQ youth, best practice suicide prevention educational trainings, resources for youth and adults, and advocacy initiatives.

Resource: <http://www.thetrevorproject.org/>

**Helping Families Support Their Lesbian, Gay, Bisexual, and Transgender (LGBT) Children** Provides basic information to help families support their lesbian, gay, bisexual, and transgender (LGBT) children, Share some of the critical new research from the Family Acceptance Project TM (FAP) at San Francisco State University. This important new research shows that families have a major impact on their LGBT children's health, mental health, and well-being; and Give families and LGBT youth hope that ethnically,

religiously, and socially diverse families, parents, and caregivers can become more supportive of their LGBT children.

Resource: [https://www.dropbox.com/s/7fo91qn2r2n1wa4/FAP\\_Family%20LGBT\\_Brief\\_Final.pdf?dl=0](https://www.dropbox.com/s/7fo91qn2r2n1wa4/FAP_Family%20LGBT_Brief_Final.pdf?dl=0)

**Behavior Patterns Begin at Home** Behavior patterns begin at home. Teaching your child good communication and social skills at home will go a long way toward his/her success in school.

Resource: <http://www.nea.org/home/56805.htm>

**Kids in the House** The Ultimate Parenting Resource. Our physicians, teachers, and parenting experts have the answers to all of your tough questions about raising children.

Resource: <http://www.kidsinthehouse.com/>

**Gender Spectrum** Gender inclusive schools and classrooms welcoming all children and teens are within any school community's reach with our education focused resources.

Resource: <https://www.genderspectrum.org/resources/education-2/>

#### **National Education Association**

Resource: <http://www.nea.org/>

**Welcoming Schools** offers professional development tools, lessons aligned with the Common Core State Standards, and many additional resources for elementary schools on Embracing family diversity, Avoiding gender stereotyping and affirming gender, Ending bullying and name-calling. Lesson Plans for Elementary School, Download the Welcoming Schools Starter Kit, Responding to Teachable Moments, Standards, Laws and Policies, Research, What Do You Know? Six to twelve year-olds talk about gays and lesbians, Conveying the Need for a Welcoming School, Prominent LGBT People – Have some fun!, Welcoming Schools Evaluation Toolbox, New and Recommended Books from 2014 and 2015—Gender, Family, Bullying

Resource: <http://www.welcomingschools.org/>