State of Delaware Separating and Divorcing Parent Education Program
CHILDREN COPE WITH DIVORCE
BOOKS THAT CAN HELP

ADULTS

AHARON AND RODGERS
Divorced Families

MCWILLIAMS, Peter & Colgrove, Melba & Bloomfield, Harold H.
How to Survive the Loss of Love

ATLAS, Stephen
Parents Without Partners Source Book

MESSINGER, Lillian
Remarriage A Family Affair

BARR, Deborah
Caught in the Crossfire: Children of Divorce

RICCI, Isolina
Mom’s House, Dad’s House: Making Shared Custody Work

BELLI, Melvin & Krantzler, Mel
Divorce

ROBERTSON, Christina
A Women’s Guide to Divorce and Decision Making: A Supportive Workbook for Women Facing the Process of Divorce

BERGER, Stuart
Divorce Without Victims

ROGERS, Fred and Clare O’Brien
Mister Rogers Talks with Families About Divorce

BLAU, Melinda
“Families Apart” Ten Keys to Successful Co-Parenting

SANFORD, D.
Please Come Home

BRILES, Judith
The Dollars and Sense of Divorce: The Financial Guide for Women

SALK, Lee
What Every Child Would Like Parents to Know About Divorce

CHESS, Stella
Know Your Child: An Authoritative Guide for Today’s Parents

SCHULLER, Robert
Tough Times Never Last But Tough People Do!

CLAPP, Genevieve

SHIFF, Eileen & Ames, Louise Bates
Experts Advise Parents: A Guide to Raising Loving, Responsible Children Solo Parenting and Stepfamilies

1 of 9 SDPE Reading Resource List
COHEN, Miriam G.  
Long Distance Parenting: A Guide for Divorced Parents

SILVER, Gerald and Myrna  
Weekend Fathers

DESPERT, J. Louise  
Children of Divorce

TEYBER, Edward  
Helping Children Cope With Divorce

DIAMOND, Susan A.  
Helping Children of Divorce: A Handbook for Parents and Teachers

TRAFFORD, Abigail  
Crazy Time: Surviving Divorce and Building a New Life

FISHER, Bruce  
Rebuilding: When Your Relationship Ends

TURROW, Rita  
Daddy Doesn’t Live Here Anymore

FRAIBERG, Selma H.  
The Magic Years: Understanding and Handling the Problems of Early Childhood

VAUGHN, Diane  
Uncoupling: Turning Points in Intimate Relationships

FRANCKLE, Linda Bird  
Growing Up Divorced

WALCZAK, Yvette & Burns, Sheila  
Divorce: The Child’s Point of View

GALPIER, Miriam  
Joint Custody and Co-Parenting

WALKER, Glynnis  
Solomon’s Children: Exploding the Myths of Divorce

GARDNER, Richard A.  
The Parents Book About Divorce

WALLERSTEIN, Judith & Kelly, Joan B.  
Surviving the Breakup, How Children and Parents Cope with Divorce

GETZOFF, Ann L.  

WARE, Ciji  
Sharing Parenthood After Divorce: An Enlightened Custody guide for Mother, Fathers and Kids

GOLDSTEIN, Dr. Sol  
Divorced Parenting, How to Make it Work

WHEELER, Michael  
Divided Children: A Legal Guide for Divorcing Parents

GOLDZBAND, Melvin  
Quality Time: Easing the Children Through Divorce

WILSON, Carol Ann & Schiling, Edwin  
The Survival Manual for Women in Divorce: 150 Questions and Answers

GROLLMAN, Earl  
Explaining Divorce to Children

WOLLEY, Persia  
Creative Survival for Single Mothers

HUNT, Morton M. & Hunt, Bernice K.  
The Divorce Experience

WOLLEY, Persia  
The Custody Handbook

2 of 9 SDPE Reading Resource List
JACKSON, Michael & Jackson, Jessica
& Jackson, Bruce
“Your Father’s Not Coming Home Anymore”
YOUNG, Rev. Jim, CSP
Divorce: Believing, Belonging

JEWETT, Claudia
Helping Children Cope with Separation and Loss

JOHANSEN, Frances
Financial Strategies Before and After Divorce

JONG, E.
Megan’s Book of Divorce

KRANTZLER, Mel
Creative Divorce: A New Opportunity for Personal Growth

KREMENTY, Jill
What Every Child Would Like Parents to Know About Divorce

LEWIS, Helen Coale
All About Families The Second Time Around—For Boys, Girls, Their Parents and Step-Parents

MACCOBBY, Eleanor & Mnookin, Robert
Dividing the Child: Social and Legal Dilemmas of Custody
CHILDREN AND YOUNG ADULTS

BERNSTEIN, Joanne
Books to Help Children with Separation and Loss, Chapter: Divorce, Marital Separation, Single Parent Family

ANGELL, Judie
Ages: 12+
When Your Parents Divorce - Non-Fiction, Level 6

BERGER, Terry
Ages: 6-11
How Does It Feel When Your Parents Get Divorced? - Non-Fiction, Level 3
A young girl deals with anger, fear and sadness.

BLUME, Judy
Ages: 12-15
It’s Not the End of the World
A 6th grader tries to understand her parents’ divorce.

BOECHMAN, Charles
Surviving your Parents’ Divorce

BOEGEHOLD, Betty
Ages: 5-7
Daddy Doesn’t Live Here Anymore
A young girl is forced to accept the reality that her Dad is leaving their home.

BROWN, Laurene & Brown, Marc
Dinosaurs Divorce: A Guide for Changing Families

BYARS, Betsy
Ages: 10-14
The Animal, the Vegetable and John D. Jones - Fiction, Levels 5 & 6

CAMERON, Eleanor
Ages: 12-16
To The Green Mountains - Fiction, Level 4. The non-supportive father.
GARDNER, Richard
Ages: 10+
The Boys and Girls Book About Divorce
Fiction, Level 6

JUKES, Mavis
Like Jake and Me

KREMENTZ, Jill
How It Feels When Parents Divorce

LeSHAN, Edna
Ages: 8+
What’s Going to Happen To Me?
When Parents Separate or Divorce - Non-Fiction

LINDSEY, Jeanne W.
Ages: 4-8 Recommended
Do I Have a Daddy? - Fiction, Level 2
A story about a single parent.

MANN, Peggy
Ages: 10+
My Dad Lives in a Downtown Hotel - Level 2. Focuses on anger and hurt.

MAYLE, Peter & Robbins, Arthur
Why are We Getting a Divorce?

NEWFIELD, Marcia
Ages: 7-11
A Book for Jordan - Fiction
Complication of Distance.

NICKMAN, Steven & DeGroat, Diane
When Mom and Dad Divorce

PARK, Barbara
Don’t Make Me Smile - Level 2 -3
Focuses on anger.

PAULSEN, Gary
Hatchet

PECK, Richard
Unfinished Portrait of Jessica
HELMERING, Doris
Ages: 6-8
I Have Two Families - Fiction, Level 4

HEST, Amy
Where in the World is the Perfect Family

HURWITZ, Johanna
Dede Takes Charge

PERRY, Patricia & Lynch, Marietta
Ages: 4-8
Mommy and Daddy are Divorced - Fiction (Photos), Level 2

POROUN, Arthur
Ages: 3-7
Dinosaurs Divorce
Coping with divorcing parents.
Domestic Violence Reference List

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