

TAKING ACTION

<p>One step that I plan to take to maintain a healthy parent-child relationship is:</p>	<p>What type of supports will be helpful in carrying out your proposed intentions?</p>
<p>One step that I plan to take to develop a parenting approach that is positive and non-blaming:</p>	<p>What types of barriers will you encounter to carrying out your intentions?</p>
<p>One step that I plan to take with my co-parent to create better communication and minimize conflict:</p>	<p>Know the Delaware Helpline # at 1-800-464-HELP or 211 for resources & referrals available to separating and divorcing parents.</p>